| Oyama Co | llege | Year | 2022 | | Course Title | Physical Education IV (Basketball) | | |
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| Course Information | | | | | | | | |
| Course Code | 0091 | | | Course Category | General | General / Compulsory | | |
| Class Format | 講義・実技 | | | Credits | School C | School Credit: 1 | | |
| Department | Department of Architecture | | | Student Grade | 4th | 4th | | |
| Term | Second Semester | | | Classes per Weel | (2 | 2 | | |
| Textbook and/or Teaching Materials | | | | | | | | |
| Instructor | OHARA Yuuki,NAGATA Tomoki,HIROSE Humihiko,MAEHARA Kiyoshi, | | | | | | | |
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Course Objectives

- 1. To be able to engage in activities independently and enthusiastically, with an understanding of the importance of appropriate clothing and attitude for exercise, and with an interest in each event. In addition, they will be able to engage in activities while paying attention to safety, including preparation before and cleanup afterwards.
- 2. To be able to maintain and improve one's physical fitness by engaging in physical activities while being aware of one's own level of physical fitness and skills and one's own challenges through the practice of each exercise event.
- 3. To be able to acquire basic and applied basketball skills, and to understand the characteristics of each sport while practicing the game based on the rules.

| game based on the ru | uire basic and applied basketball skills, and t iles. | o understand the characteristics of | i each sport wrille practicing the | | | | |
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| | gnificance of this being an elective class, and numunicate with their peers while considering | | | | | | |
| Rubric | initialicate with their peers write considering | g the balance of attack and defens | e or the team. | | | | |
| | Ideal Level | Standard Level | Unacceptable Level | | | | |
| Achievement 1 | The student will not be late, leave early, observe, or be absent from class, will wear appropriate athletic attire, and will be able to engage in class activities safely, independently, and enthusiastically. | The student will be able to safely engage in class activities with little tardiness, early departure, observation, or absence, and will generally wear appropriate athletic attire and engage in class activities independently and enthusiastically. | The student is generally unable to engage in class activities safely, independently, and enthusiastically, with few tardies, early departures, observations, and absences, and with appropriate attire for physical activities. | | | | |
| Achievement 2 | To be able to maintain and improve one's physical fitness while recognizing one's own level of physical fitness, basic skills, and one's own challenges. | To be able to generally maintain and improve one's physical fitness while recognizing one's own level of physical fitness, basic skills, and one's own challenges. | Cannot generally maintain and improve one's physical fitness while being aware of one's own level of physical fitness, basic skills, and one's own challenges. | | | | |
| Achievement 3 | To be able to acquire basic and applied basketball skills, to practice games independently and actively based on the rules, and to understand the characteristics of each sport while becoming familiar with the exercise. | Acquire basic and applied basketball skills, practice games based on the rules, and become familiar with physical activities while understanding the characteristics of each sport. | Cannot acquire basic and applied basketball skills, practice games based on the rules, and understand the characteristics of each sport while becoming familiar with the physical activities. | | | | |
| Achievement 4 | To understand the significance of this being an elective class, and to be able to think independently about team tactics and situational decisions. In addition, they will be able to communicate with their peers while considering the balance of the team's attack and defense. | To understand the significance of this elective class, and to be able to consider team tactics and situational decisions. To understand the significance of this elective class, and be able to consider team tactics and decision making. | Students will not be able to understand the significance of this elective class, and will not be able to consider team tactics and situational decisions. In addition, they will not be able to communicate with their peers while considering the balance of the team's attack and defense. | | | | |
| Assigned Departn | nent Objectives | | | | | | |
| 学習・教育到達度目標(JABEE (E) | 6 | | | | | | |
| Teaching Method | | | | | | | |
| Outline | This course is designed to develop the ability and attitude to acquire basic skills, improve physical fitness, and become familiar with physical activities through the practice of physical education while understanding the theory of physical education. In addition, through the study of health science, students will acquire the basic knowledge to lead healthy, safe, and vigorous lives throughout their lives. Overall, students will cultivate sound development of body and mind. | | | | | | |
| Style | [The second semester] The class will mainly consist of practical skills. However, lectures may be given in some cases. In this course, students will be required to write a report and other assignments as necessary. If necessary, reports and other assignments may be required. The syllabus may be changed in a hurry depending on the infection situation in Tochigi prefecture or surrounding areas. Evaluation will be based on 40% on practical skills (skill test, sportsmanship practice, etc.), 50% on class participation (class attitude, daily participation, etc.), and 10% on other reports and assignments. (Created on Feb. 1, 2022) | | | | | | |

[The second semester] Three tardies will be counted as one absence.
Students are required to wear school-designated jerseys, T-shirts, shorts, and athletic shoes. • Students who talk too much, act selfishly, leave the class, or do not cooperate will be deducted from participation attitude. Some changes may be made due to weather and progress. • If you need to observe the class for unavoidable reasons, please contact the instructor in charge in advance for consultation. (In some cases, it may be necessary to submit a medical certificate from a medical institution. In some cases, a medical certificate from a medical institution may be required.
 Teachers will communicate with you via "MS Teams" ☆ Health and Physical Education is a prerequisite for attendance and activities as well as laboratory exercises.
 • Students who exceed the prescribed number of absences in Health and Physical Education as explained in the orientation may be given additional assignment or not be made.
 • Attendance at the ball games in the second semester will be counted as one attendance for Health and Notice Be very careful about lack of attendance. · Grades will be adjusted by the difference between the grade point average and the average score of each event. Retests will not be given if the number of hours missed exceeds 7.5 hours (3.75 classes). (Re-examination may be discussed and considered only when there are special circumstances, such as participation in a contest, and the student submits an absence report.) · If a student is absent for more than 6 hours (3 classes) in a semester, the student will be notified by the end of the semester and Conduct a retest or given an additional assignment. · In the case of additional assignments, the maximum grade is 65 points with the submission of the assignment. · For students in previous years, the curriculum is different, so a separate make-up class is always necessary. This course is designed for students who have completed the first year of the course. (Prepared on Feb. 1, 2022) Characteristics of Class / Division in Learning ☐ Instructor Professionally ☐ Active Learning □ Aided by ICT □ Applicable to Remote Class Experienced Course Plan Theme Goals 1st Orientation and event selection Event selection, confirmation of class flow To be able to understand and practice passing, 2nd Review of basic skills 1, open game dribbling and shooting. To be able to understand and practice passing, 3rd Review of basic skills 2, open game dribbling and shooting. How to build a defense 1, open game or physical To understand and be able to practice man-to-4th man defense 3rd How to build a defense 2, open game or physical To be able to understand and practice zone Quarter 5th fitness test defense. To understand and be able to practice man-to-How to build a defense 1, open game or physical 6th man defense To be able to understand and practice zone How to build a defense 2, open game or physical 7th fitness test defense To be able to understand and practice the 8th How to build offense 1, open game 2nd offensive methods of 1vs1, 2vs2, and 3vs3 Semeste To be able to practice the set offense which they 9th How to build offense 2, open game thought up by themselves. To be able to think about how to enjoy sports on 10th Tournament game 1 their own Students will be able to think of ways to enjoy 11th Tournament Game 2 sports on their own Students will be able to practice the skills they 12th Skill Test 4th have acquired so far. Quarter Able to think about how to enjoy sports on their 13th League game 1 own Able to think about how to enjoy sports on their 14th League game 2 own Able to think about how to enjoy sports on their 15th League game 3 own. 16th Evaluation Method and Weight (%) Mutual exercises and **Evaluations** Participation Portfolio Examination Other Total practical skills between attitude students 0 40 0 50 0 10 100 Subtotal Basic n 40 0 50 0 10 100 Proficiency Specialized 0 0 0 0 0 0 O Proficiency Cross Area 0 0 0 0 0 0 0 **Proficiency**