

Oyama College		Year	2022	Course Title	Physical Education II (Tag rugby)
Course Information					
Course Code	0094		Course Category	General / Compulsory	
Class Format	講義・実技		Credits	School Credit: 1	
Department	Department of Architecture		Student Grade	5th	
Term	First Semester		Classes per Week	2	
Textbook and/or Teaching Materials					
Instructor	HIROSE Humihiko,NAGATA Tomoki,OHARA Yuuki,MAEHARA Kiyoshi,				
Course Objectives					
1. To be able to engage in activities independently and enthusiastically, with an understanding of the importance of appropriate clothing and attitude for exercise, and with an interest in each event. In addition, they will be able to engage in activities while paying attention to safety, including preparation before and cleanup afterwards.					
2. To be able to maintain and improve one's physical fitness by engaging in physical activities while being aware of one's own level of physical fitness and skills and one's own challenges through the practice of each exercise event.					
3. To be able to acquire basic and applied tag rugby skills, and to understand the characteristics of each sport while practicing the game based on the rules.					
4. Understand the significance of this being an elective class, and be able to consider team tactics and situational judgment. In addition, they can communicate with their peers while considering the balance of attack and defense of the team.					
Rubric					
	Ideal Level		Standard Level		Unacceptable Level
Achievement 1	The student will not be late, leave early, observe, or be absent from class, will wear appropriate athletic attire, and will be able to engage in class activities safely, independently, and enthusiastically.		The student will be able to safely engage in class activities with little tardiness, early departure, observation, or absence, and will generally wear appropriate athletic attire and engage in class activities independently and enthusiastically.		The student is generally unable to engage in class activities safely, independently, and enthusiastically, with few tardies, early departures, observations, and absences, and with appropriate attire for physical activities.
Achievement 2	To be able to maintain and improve one's physical fitness while recognizing one's own level of physical fitness, basic skills, and one's own challenges.		To be able to generally maintain and improve one's physical fitness while recognizing one's own level of physical fitness, basic skills, and one's own challenges.		Cannot generally maintain and improve one's physical fitness while being aware of one's own level of physical fitness, basic skills, and one's own challenges.
Achievement 3	To be able to acquire basic and applied tag rugby skills, to practice games independently and actively based on the rules, and to understand the characteristics of each sport while becoming familiar with the exercise.		Acquire basic and applied tag rugby skills, practice games based on the rules, and become familiar with physical activities while understanding the characteristics of each sport.		Cannot acquire basic and applied tag rugby skills, practice games based on the rules, and understand the characteristics of each sport while becoming familiar with the physical activities.
Achievement 4	To understand the significance of this being an elective class, and to be able to think independently about team tactics and situational decisions. In addition, they will be able to communicate with their peers while considering the balance of the team's attack and defense.		To understand the significance of this elective class, and to be able to consider team tactics and situational decisions. To understand the significance of this elective class, and be able to consider team tactics and decision making.		Students will not be able to understand the significance of this elective class, and will not be able to consider team tactics and situational decisions. In addition, they will not be able to communicate with their peers while considering the balance of the team's attack and defense.
Assigned Department Objectives					
学習・教育到達度目標 ⑥ JABEE (E)					
Teaching Method					
Outline	This course is designed to develop the ability and attitude to acquire basic skills, improve physical fitness, and become familiar with physical activities through the practice of physical education while understanding the theory of physical education. In addition, through the study of health science, students will acquire the basic knowledge to lead healthy, safe, and vigorous lives throughout their lives. Overall, students will cultivate sound development of body and mind.				
Style	【The First semester】 ・ The class will mainly consist of practical skills. However, lectures may be given in some cases. ・ In this course, students will be required to write a report and other assignments as necessary. ・ If necessary, reports and other assignments may be required. ・ The syllabus may be changed in a hurry depending on the infection situation in Tochigi prefecture or surrounding areas. ・ Evaluation will be based on 40% on practical skills (skill test, sportsmanship practice, etc.), 50% on class participation (class attitude, daily participation, etc.), and 10% on other reports and assignments. (Created on Feb. 1, 2022)				

Notice	<p>【The First semester】</p> <ul style="list-style-type: none"> • Three tardies will be counted as one absence. • Students are required to wear school-designated jerseys, T-shirts, shorts, and athletic shoes. • Students who talk too much, act selfishly, leave the class, or do not cooperate will be deducted from participation attitude. • Some changes may be made due to weather and progress. • If you need to observe the class for unavoidable reasons, please contact the instructor in charge in advance for consultation. (In some cases, it may be necessary to submit a medical certificate from a medical institution. • In some cases, a medical certificate from a medical institution may be required. • Teachers will communicate with you via "MS Teams" <p>☆Health and Physical Education is a prerequisite for attendance and activities as well as laboratory exercises.</p> <ul style="list-style-type: none"> • Students who exceed the prescribed number of absences in Health and Physical Education as explained in the orientation may be given additional assignment or not be made. • Attendance at the ball games in the first semester will be counted as one attendance for Health and Physical Education. • Be very careful about lack of attendance. • Grades will be adjusted by the difference between the grade point average and the average score of each event. <ul style="list-style-type: none"> • Retests will not be given if the number of hours missed exceeds 7.5 hours (3.75 classes). (Re-examination may be discussed and considered only when there are special circumstances, such as participation in a contest, and the student submits an absence report.) • If a student is absent for more than 6 hours (3 classes) in a semester, the student will be notified by the end of the semester and Conduct a retest or given an additional assignment. • In the case of additional assignments, the maximum grade is 65 points with the submission of the assignment. <ul style="list-style-type: none"> • For students in previous years, the curriculum is different, so a separate make-up class is always necessary. This course is designed for students who have completed the first year of the course. <p>(Prepared on Feb. 1, 2022)</p>
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Characteristics of Class / Division in Learning

<input type="checkbox"/> Active Learning	<input type="checkbox"/> Aided by ICT	<input type="checkbox"/> Applicable to Remote Class	<input type="checkbox"/> Instructor Professionally Experienced
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Course Plan

			Theme	Goals
1st Semester	1st Quarter	1st	Orientation and event selection	
		2nd	Preparation exercises and personal skills practice (run, pass, catch)	
		3rd	Preparatory exercise, collective skill practice (offense)	
		4th	Preparatory exercise, collective skill practice (offense)	
		5th	New physical fitness test	
		6th	New physical fitness test, Preparatory exercise, collective skill practice (offense)	
		7th	Preparatory exercise, collective skill practice (defense)	
		8th	Preparatory exercise, collective skill practice (defense)	
	2nd Quarter	9th	Preparatory exercise, collective skill practice (defense)	
		10th	Preparation exercise, individual skill check, game	
		11th	Preparation exercise, individual skill check, game	
		12th	Preparation exercise, individual skill check, game	
		13th	Preparation exercise, individual skill check, game	
		14th	Preparatory exercises and game (tournament)	
		15th	Preparatory exercises and game (tournament)	
		16th		

Evaluation Method and Weight (%)

	Examination	exercises and practical skills	Mutual Evaluations between students	Participation attitude	Portfolio	Other	Total
Subtotal	0	40	0	50	0	10	100
Basic Proficiency	0	40	0	50	0	10	100
Specialized Proficiency	0	0	0	0	0	0	0
Cross Area Proficiency	0	0	0	0	0	0	0