Akashi Colleg		ollege	Year 2022				ourse Title	Physical Education III		
Course	Informa	tion		•		•				
Course Co		4307			Course Category	ory General / G		/ Compulsory		
Class Form	mat	Skill			Credits School Cre		School C	redit: 2		
Departme	ent	Mechanic	cal Engineering		Student Grade 3rd		3rd			
Term Year-roun			nd		Classes per Wee	/eek 2				
Textbook Teaching	Matérials									
Instructor	_		Takayuki,ISHIDA	Masami,KOBAYAS	HI Yuki					
Particip Can tal	ke action t	sses to impi	sports safely. Also	vn health and physo, recognizes the s	sical strength. Alsi ignificance of colla	o, hav abora	ve some le ting and o	evel of self-discipline. cooperating with the team and can		
Rubric			T		1					
			Ideal Level		Standard Level			Unacceptable Level		
Achievement 1			Actively participate in classes to improve their health and physical strength. Have a high level of self-discipline.		Participate in classes to improve their health and physical strength. Have some level of self-discipline.		ical [·]	e Do not participate in classes. Do not strive to improve their health and physical strength. Have a poor level of self-discipline.		
Achievement 2			Actively participate in various sport practices and games, and are very competitive. Also have a great influence on games, etc.		Can actively participate in various sport practices and games. And also have the skills for them.		s and	Do not participate in various sport practices and games.		
Achievement 3			Understand the role of a leader well, and can help increase teamwork.			d and can play or e role of a leader.		Do not understand the role of a leader. Also, never play that role.		
Assigne	d Depar	tment Ob	jectives							
Teachin	g Metho	d								
Outline		the habit Students content.	t of playing sport will split into gr	s on a daily basis. oups and leaders v oose from: Baseba	This class require vill take the lead t	es an a co plar	active and n, review,	h of sports so that they can build I proactive attitude to participate. and implement the course , basketball, volleyball, badminton,		
land the basic			s are encouraged to improve their skills through games based on the rules, how to play games, and c skills they learned in previous years. They are also encouraged to experience the fun of enhancing rk while collaborating and cooperating with your team with your leader in the center. Students should initiative in creating a safe and welcoming class, and the instructors support their effort.							
Notice		grade. Do no grade de Tardir but their If it is that clas absence.	• Wear training wear and athletic shoes. If students fail to wear them, points will be deducted from their							
Charact	aristics (Division in Le		viii flot be eligible	101 a	passing g	naue.		
		Ji Ciass /		•	<u> </u>			☐ Instructor Professionally		
☑ Active Learning			☐ Aided by ICT		☑ Applicable to Remote Class		ote Class	Experienced		
Course	Dlan									
Course	i iuii		Theme		10	Goals				
1st Semeste r	1st Quarter	1st	Guidance Baseball, softball, soccer, futsal, tennis, basketball, volleyball, badminton, table tennis, training, flying disc			Understand the purposes and objectives of this course. Split into teams in each sport and select a leader.				
		2nd	Baseball, softball, soccer, futsal, tennis, basketball, volleyball, badminton, table tennis, training, flying disc			Can do warm-up and practice, play games, and reflect on the class, led by a leader.				
		3rd	Baseball, softball, soccer, futsal, tennis, basketball, volleyball, badminton, table tennis, training, flying disc			Can do warm-up and practice, play games, and reflect on the class, led by a leader.				
		4th	Baseball, softball, soccer, futsal, tennis, basketball, volleyball, badminton, table tennis, training, flying disc			Can do warm-up and practice, play games, and reflect on the class, led by a leader.				
		5th	Baseball, softball, soccer, futsal, tennis, basketball, volleyball, badminton, table tennis, training, flying disc			Can do warm-up and practice, play games, and reflect on the class, led by a leader.				
		6th	Baseball, softball, soccer, futsal, tennis, basketball, volleyball, badminton, table tennis, training, flying disc			Can do warm-up and practice, play games, and reflect on the class, led by a leader.				
		7th	Baseball, softball, soccer, futsal, tennis, basketball, volleyball, badminton, table tennis, training, flying disc			Can do warm-up and practice, play games, and reflect on the class, led by a leader.				

	a Proficier	•	0	10	15	25			
,			0	0	0	0			
			75	0	0	75			
Subtotal			75	10	15	100			
		41	Approach to a class	Practical skill	Leadership	Total			
Evaluat	ion Meth		nd Weight (%)		'				
		15th 16th	basketball, volleyba training, flying disc	basketball, volleyball, badminton, table tennis,		Can do warm-up and practice, play games, and reflect on the class, led by a leader.			
	4th Quarter	14th	basketball, volleyba training, flying disc	Baseball, softball, soccer, futsal, tennis, basketball, volleyball, badminton, table tennis, training, flying disc Baseball, softball, soccer, futsal, tennis,		Can do warm-up and practice, play games, and reflect on the class, led by a leader.			
		13th	basketball, volleyba training, flying disc			Can do warm-up and practice, play games, and reflect on the class, led by a leader.			
		12th	basketball, volleyba training, flying disc	occer, futsal, tennis, ill, badminton, table tennis	Can do wa reflect on t	rm-up and practice, play games, and the class, led by a leader.			
		11th	Baseball, softball, s	Baseball, softball, soccer, futsal, tennis, basketball, volleyball, badminton, table tennis,		Can do warm-up and practice, play games, and reflect on the class, led by a leader.			
		10th	Baseball, softball, s	Baseball, softball, soccer, futsal, tennis, basketball, volleyball, badminton, table tennis,		Can do warm-up and practice, play games, and reflect on the class, led by a leader.			
r	3rd Quarter	9th	Baseball, softball, s basketball, volleyba training, flying disc	occer, futsal, tennis, Ill, badminton, table tennis		Split into teams in each sport and select a leader.			
2nd Semeste		8th	Practice for the spo	Practice for the sports games		Prepare and practice for so that they can hold the sports games safely.			
		7th	Baseball, softball, s	Baseball, softball, soccer, futsal, tennis, basketball, volleyball, badminton, table tennis,		Can do warm-up and practice, play games, and reflect on the class, led by a leader.			
		6th	Baseball, softball, s	Baseball, softball, soccer, futsal, tennis, basketball, volleyball, badminton, table tennis,		Can do warm-up and practice, play games, and reflect on the class, led by a leader.			
		5th	Baseball, softball, s	Baseball, softball, soccer, futsal, tennis, basketball, volleyball, badminton, table tennis,		Can do warm-up and practice, play games, and reflect on the class, led by a leader.			
		4th	Baseball, softball, s	Baseball, softball, soccer, futsal, tennis, basketball, volleyball, badminton, table tennis,		Can do warm-up and practice, play games, and reflect on the class, led by a leader.			
		3rd	Baseball, softball, s	occer, futsal, tennis, Ill, badminton, table tennis	Can do war reflect on t	Can do warm-up and practice, play games, and reflect on the class, led by a leader.			
		2nd	Baseball, softball, s	Baseball, softball, soccer, futsal, tennis, basketball, volleyball, badminton, table tenni		Can do warm-up and practice, play games, and reflect on the class, led by a leader.			
	2nd Quarter	1st	Baseball, softball, s	occer, futsal, tennis, ill, badminton, table tennis	, Split into te	Split into teams in each sport and select a leader			
		16th	training, flying disc		reflect on t	the class, led by a leader.			
		15th	training, flying disc Baseball, softball, s	occer, futsal, tennis,	reflect on t	reflect on the class, led by a leader. Can do warm-up and practice, play games, and			
		14th	training, flying disc Baseball, softball, s	occer, futsal, tennis, all, badminton, table tennis	reflect on t	reflect on the class, led by a leader. Can do warm-up and practice, play games, and			
		13th	training, flying disc Baseball, softball, s	occer, futsal, tennis,	Can do wa	the class, led by a leader.			
		12th	training, flying disc Baseball, softball, s	occer, futsal, tennis, ill, badminton, table tennis	Can do wa	reflect on the class, led by a leader. Can do warm-up and practice, play games, and			
		11th	training, flying disc Baseball, softball, s basketball, volleyba	occer, futsal, tennis, ill, badminton, table tennis	Can do wa	Can do warm-up and practice, play games, and			
		10th	basketball, volleyba	occer, futsal, tennis, all, badminton, table tennis	Can do wa	Can do warm-up and practice, play games, and reflect on the class, led by a leader.			
		9th	Baseball, softball, s basketball, volleyba	occer, futsal, tennis, Ill, badminton, table tennis	, Split into te	Split into teams in each sport and select a leader.			
		8th		occer, futsal, tennis, Ill, badminton, table tennis	Can do wa reflect on t	Can do warm-up and practice, play games, and reflect on the class, led by a leader.			