Akashi Colleg		ollege		Year	2022			urse itle	Physical Education III		
Course	Informa	tion									
Course Co	ode	4307				Course Catego	ry G	eneral /	Compulsory		
Class Format Skill					Credits	S	chool Cr	edit: 2			
		ical Engineering			Student Grade 3rd						
		Year-rou	bund			Classes per Week 2					
Textbook and/or Teaching Materials											
				Fakayuki,ISHIDA Masami,KOBAYASHI Yuki							
Course	Objectiv	res									
 Particip Can ta take the r 	oate in clas ke action t necessary	sses to impi to conduct s action to do	rove sport o so.	students' owi s safely. Also,	n health and phys , recognizes the s	ical strength. Al ignificance of co	lso, have ollaboratir	some leing and co	vel of self-discipline. poperating with the team and can		
Rubric											
			Id	leal Level		Standard Leve			Unacceptable Level		
Achievement 1			Actively participate in classes to improve their health and physical strength. Have a high level of self-discipline.			Participate in classes to improve their health and physical strength. Have some level of self-discipline.			Do not participate in classes. Do not strive to improve their health and physical strength. Have a poor level of self- discipline.		
Achievem		Actively participate in various sport practices and games, and are very competitive. Also have a great influence on games, etc.			Can actively participate in various sport practices and games. And also have the skills for them.			Do not participate in various sport practices and games.			
Achievement 3			Understand the role of a leader well, and can help increase teamwork.			Understand an take on the rol	id can pla le of a lea	iy or ider.	Do not understand the role of a leader. Also, never play that role.		
Assigne	d Depar	tment Ob	oject	tives							
Teachin	ng Metho	d									
Outline Students content.			I of this course is for students to learn more about the fun and depth of sports so that they can build t of playing sports on a daily basis. This class requires an active and proactive attitude to participate. s will split into groups and leaders will take the lead to plan, review, and implement the course Students can choose from: Baseball, softball, soccer, futsal, tennis, basketball, volleyball, badminton, nnis, training, flying disc								
Style Style take the initiative in creating a safe and welcoming class, and the instructor				aged to e your lead	experience the fun of enhancing der in the center. Students should						
Notice		grade. • Do no grade de • Tardir but their • If it is that clas absence.	Wear training wear and athletic shoes. If students fail to wear them, points will be deducted from their								
Charact	eristics			ision in Lea							
☑ Active Learning			□ Aided by ICT			☑ Applicable to Remote Class			Instructor Professionally Experienced		
						1					
Course	Plan										
			Ther	me			Goals				
1st Semeste r	1st Quarter	1st	Guid Base bask	lance eball, softball,	soccer, futsal, te ball, badminton, t	nnis, able tennis,	Understa	and the Split into	purposes and objectives of this teams in each sport and select a		
		2nd	bask	eball, softball, etball, volleyb ing, flying dis	soccer, futsal, ter ball, badminton, t sc	nnis, able tennis,	Can do warm-up and practice, play games, and reflect on the class, led by a leader.				
		3rd	Baseball, softball, soccer, futsal, tennis, basketball, volleyball, badminton, table tennis, training, flying disc					Can do warm-up and practice, play games, and reflect on the class, led by a leader.			
		4th	Baseball, softball, soccer, futsal, tennis, basketball, volleyball, badminton, table tennis, training, flying disc				Can do warm-up and practice, play games, and reflect on the class, led by a leader.				
		5th	Baseball, softball, soccer, futsal, tennis, basketball, volleyball, badminton, table tennis, training, flying disc				Can do warm-up and practice, play games, and reflect on the class, led by a leader.				
		6th	Baseball, softball, soccer, futsal, tennis, basketball, volleyball, badminton, table tennis, training, flying disc				Can do warm-up and practice, play games, and reflect on the class, led by a leader.				
		7th	bask	eball, softball, ketball, volleyb ving, flying dis	soccer, futsal, ter ball, badminton, t	nnis, able tennis,	Can do warm-up and practice, play games, and reflect on the class, led by a leader.				

Cross Are	ea Proficier	су	0	10	15	25		
	ed Proficier	псу	0	0	0	0		
<u>Subtotal</u> Basic Pro	ficiencv		75 75	10 0	15 0	100 75		
Cubtotol			Approach to a class	Leadershi	•			
Evaluat	ion Meth	od ar	nd Weight (%)					
		15th 16th	basketball, volle training, flying No final exam	eyball, badminton, table tenr	nis, Can do reflect o	Can do warm-up and practice, play games, and reflect on the class, led by a leader.		
	4th Quarter	14th	basketball, volle training, flying	all, soccer, futsal, tennis, eyball, badminton, table tenr disc all, soccer, futsal, tennis,	reflect o	Can do warm-up and practice, play games, and reflect on the class, led by a leader.		
		13th	basketball, volle training, flying		nis, Can do reflect o	Can do warm-up and practice, play games, and reflect on the class, led by a leader.		
		12th	Baseball, softba	all, soccer, futsal, tennis, eyball, badminton, table tenr	nis, Can do reflect d	Can do warm-up and practice, play games, and reflect on the class, led by a leader.		
		11th	Baseball, softba	all, soccer, futsal, tennis, eyball, badminton, table tenr	nis, Can do reflect d	Can do warm-up and practice, play games, and reflect on the class, led by a leader.		
		10th	Baseball, softba	all, soccer, futsal, tennis, eyball, badminton, table tenr	nis, Can do reflect d	Can do warm-up and practice, play games, and reflect on the class, led by a leader.		
Semeste r	3rd Quarter	9th	Baseball, softba basketball, volle training, flying	all, soccer, futsal, tennis, eyball, badminton, table tenr disc		Split into teams in each sport and select a leader		
2nd		8th	Practice for the			Prepare and practice for so that they can hold the sports games safely.		
		7th	Baseball, softba	all, soccer, futsal, tennis, eyball, badminton, table tenr	nis, Can do reflect d	Can do warm-up and practice, play games, and reflect on the class, led by a leader.		
		6th	Baseball, softba	all, soccer, futsal, tennis, evball, badminton, table tenr	nis, Can do reflect d	Can do warm-up and practice, play games, and reflect on the class, led by a leader.		
		5th	Baseball, softba	all, soccer, futsal, tennis, eyball, badminton, table tenr	r, futsal, tennis, adminton, table tennis, reflect on the class, led by a leader			
		4th	Baseball, softba	all, soccer, futsal, tennis, eyball, badminton, table tenr	nis, Can do reflect d	warm-up and practice, play games, and on the class, led by a leader.		
		3rd	Baseball, softba	all, soccer, futsal, tennis, evball, badminton, table tenr		warm-up and practice, play games, and on the class, led by a leader.		
		2nd	Baseball, softba	all, soccer, futsal, tennis, eyball, badminton, table tenr	nis, Can do reflect d	warm-up and practice, play games, and on the class, led by a leader.		
	2nd Quarter	1st	Baseball, softba	all, soccer, futsal, tennis, eyball, badminton, table tenr disc	nis, Split int	Split into teams in each sport and select a leader.		
		15th 16th	No final exam	eyball, badminton, table tenr disc		reflect on the class, led by a leader.		
		14th	basketball, volle training, flying Baseball, softba	eyball, badminton, table tenr disc all, soccer, futsal, tennis,	"", reflect o	warm-up and practice, play games, and warm-up and practice, play games, and		
		13th	basketball, volle training, flying	eyball, badminton, table tenr	reflect of	to warm-up and practice, play games, and t on the class, led by a leader. do warm-up and practice, play games, and		
		12th	basketball, volle training, flying	eyball, badminton, table tenr	reflect o	Can do warm-up and practice, play games, and reflect on the class, led by a leader.		
		11th	basketball, volle training, flying	eyball, badminton, table tenr		warm-up and practice, play games, and on the class, led by a leader.		
		10th	basketball, volle training, flying	all, soccer, futsal, tennis, eyball, badminton, table tenr disc all, soccer, futsal, tennis,	reflect o	Can do warm-up and practice, play games, and reflect on the class, led by a leader.		
		9th	basketball, volle training, flying		nis, Split int	Split into teams in each sport and select a leader.		
		8th	basketball, volle training, flying	all, soccer, futsal, tennis, eyball, badminton, table tenr disc	nis, Can do reflect d	warm-up and practice, play games, and on the class, led by a leader.		